

Application Form

Certificate Course in Obesity and Weight Management 2023

Please complete in BLOCK letters

Title* : Prof ☐ Dr ☐ Mr ☐ Ms ☐ Gender* : M ☐ F ☐

Name : _____ (English) _____ (Chinese)
Surname Given names

Occupation* : Family doctor ☐ Physician ☐ Dietitian ☐ Nurse ☐ Pharmacist ☐
Physiotherapist ☐ Health Care Professional ☐ Medical Researcher ☐ Scientific Personnel ☐

Others : _____

Position : _____ Department : _____ Institution/Organization : _____

Correspondence Address : _____

Email : _____ Contact no. : _____ * Please check the box(es)

Whole Course

Early-bird Fee
HK\$4,760 ☐

Standard Fee
HK\$4,830 ☐

For enrollment, please fax the completed application form to (852) 2947 8495 or email at cownm@cuhk.edu.hk. The original copy should be mailed with a crossed cheque payable to "The Chinese University of Hong Kong" to the following address:

Programme Office, HKIDO
The Chinese University of Hong Kong
Ward 3M, 3/F, Day Treatment Block
Prince of Wales Hospital, Shatin, New Territories

Notes to Applicants

- To enjoy the early-bird fee, application for the whole course should be submitted to the Programme Office by mail, fax or email before the deadline.
- Application at standard fee will be accepted one week prior to the commencement of the course.
- Payment should be paid by cheque (payable to "The Chinese University of Hong Kong").
- Acceptance of application is subject to availability.
- No refund will be made once being accepted.
- Applicants are expected to attend the symposium/workshop at the place and time specified in the student timetable.
- The Chinese University of Hong Kong as a data user undertakes to comply with the requirements of the Personal Data (Privacy) Ordinance to ensure that personal data kept are accurate, securely kept and used only for the purpose for which they have been collected.

Signature : _____ Date : _____

FOR OFFICE USE ONLY

Application no. : _____ Checked by : _____ Date : _____

Certificate Course in Obesity and Weight Management 2023



Early-bird Application Deadline:
15 December 2022



Application and Enquiries

Enquiry Hotline: (852) 2647 8806
Fax: (852) 2947 8495
Email: cownm@cuhk.edu.hk
www.hkido.cuhk.edu.hk



What can I learn from this course

Symposia (2:00pm – 5:15pm)

Overview of epidemiology, pathophysiology, medical hazards and management of obesity emphasizing the application of knowledge relevant to multidisciplinary clinical practice

14 JAN 2023 (SAT) Obesity - from epidemiology to pathophysiology

- Origin of obesity - from brain to gut to ectopic sites
- Obesity as a chronic disease - Greater China perspectives
- The role of gut microbiome in obesity

28 JAN 2023 (SAT) Management of obesity - from theory to practice

- Weight management - past, present and future
- Popular diets for weight management - are these sound diets?
- The role of exercise and behavior modification

Interactive Workshops (2:00pm – 6:30pm)

Case studies, interactive discussions and multidisciplinary approach are used to demonstrate the principles of diagnostic evaluation and management of obesity and its co-morbidities

4 FEB 2023 (SAT) Managing obesity related co-morbidities

- Clinical assessment of obesity
- Gynecological complications of obesity
- Cardiovascular complications of obesity
- Psychobehavioral treatment of binge eating disorder in obese subjects

11 FEB 2023 (SAT) Managing obesity - a multidisciplinary approach

- The role of metabolic surgery in obesity management
- Exercise and lifestyle modifications
- Peri-operative management of patients undergoing metabolic surgery
- Practical dietary strategies for weight management

Venue: Seminar Room 1, 2/F
Lui Che Woo Clinical Sciences Building
Prince of Wales Hospital
Shatin, New Territories

Course Director

Prof Juliana Chan

Director of Hong Kong Institute of Diabetes and Obesity and Chair Professor of Medicine and Therapeutics, CUHK

Course Co-Directors

Prof Alice Kong

Professor, Department of Medicine and Therapeutics and Hong Kong Institute of Diabetes and Obesity, CUHK

Prof Andrea Luk

Professor, Department of Medicine and Therapeutics and Hong Kong Institute of Diabetes and Obesity, CUHK

Teaching Faculty

- Prof Juliana Chan
- Dr Elaine Cheung
- Dr Erik Fung
- Prof Stanley Hui
- Prof Alice Kong
- Dr Andrea Luk
- Dr Joyce Mak
- Dr Mandy Sea
- Dr Eric Tse
- Dr Simon Wong

How about the fee

	Early-bird Fee	Standard Fee
Whole Course	HK\$4,760	HK\$4,830

Can I get CME points?

CME Accreditation from the Following Professional Organizations

*Approved CME points of other professional organizations are updated on our programme website

Exemptions

- Students would receive an Attendance Certificate for each completed symposium/workshop. Those who have completed the whole course are entitled to sit for a Multiple Choices Quiz scheduled for 25 February 2023 (Saturday).
- A Completion Certificate will be awarded to students who have passed the Multiple Choices Quiz.
- Holders of the Completion Certificate of this course would be entitled to apply for exemption of Course MEDM5301 for the MSc in Endocrinology, Diabetes and Metabolism, within 3 years from the course completion date.